

## Clinical 2: 40 hours/w for 7 consecutive weeks

# Expect the student to <u>KNOW</u> (content was covered in <u>coursework that the student</u> <u>has already completed</u>)

- ✓ scope of PTA practice
- √ values & ethics
- ✓ laws and regulations (HIPAA, patient rights, ADA, etc.)
- ✓ cultural competence
- ✓ psychosocial factors (loss, grief, anxiety, denial, etc.);
- ✓ anatomy
- ✓ detailed exposure to common pathologies & treatment approaches/techniques for various areas of PT practice (musculoskeletal, neurological, geriatric, wound care, pediatrics, cardiac rehab, chest PT)

## Expect the student to <u>BE ABLE TO DO</u> (they have demonstrated competence in class)

- ✓ clinical reasoning and problem-solving to set up and perform treatments
- ✓ examination procedures (MMT, ROM, tone)
- ✓ transfers: safely transfer dependent patients
- ✓ gait : safely guard patients during ambulation/mobility activities
- ✓ joint ROM techniques (exercise, stretching, etc.)
- ✓ exercise techniques (equipment, resistance, etc.)
- √ manual techniques (massage/soft tissue mobilization)
- ✓ modalities (heat, cold, e-stim, etc.)
- √ wound care techniques (EXCLUDING sharps debridement)
- ✓ SOAP note documentation

#### Do NOT Expect Student to Know

specialized equipment

### Do NOT Expect Student to Do (these are outside scope of PTA practice)

- joint manipulations (joint mobilizations are OK if trained by <u>supervising PT</u>)
- × initial evaluation
- \* sharps debridement



## **Objectives of Clinical 2**

Demonstrate <u>proficiency in all situations</u> (score at "Entry Level" level for Skills 1-6 on PTA CPI assessment) in...

- 1. **Ethical Practice**: Adhere to ethical and professional practice standards
- 2. **Legal Practice**: Adhere to legal practice standards
- 3. **Professional Growth**: Uses self-assessment and feedback from others to improve clinical performance
- 4. **Communication**: Communicate effectively with others
- 5. **Inclusivity**: Adapt delivery of PT services with consideration of patients' differences, values, preferences, and needs
- 6. **Clinical Reasoning**: Verbalize valid and concise arguments/rationales for all clinical decisions.

Demonstrate <u>proficiency in simple situations</u> (score at "Intermediate" level or above for Skills 7-11 on PTA CPI assessment) in...

- 7. 9. **Interventions**: Implement a plan of care consistent with the examination and evaluation, to include <u>available</u> therapeutic exercises, therapeutic techniques, modalities, functional training, equipment.
- 10. **Documentation**: Produce accurate documentation that includes all relevant data.
- 11. **Resource Management**: Perform appropriate procedures in a cost effective and timely manner

## **Clinical 2 Grading**

70% of the student's final grade for the clinical will come from the CI's Final CPI assessment. This assessment will be converted into a grade as follows:

For Skills 1 - 6

- With Distinction = 105%
- o Entry Level = 100%
- Advanced Intermediate = 80%
- Intermediate = 60% (failing)
- Advanced Beginner (or below) = 0%

For Skills 7 – 11

- With Distinction = 105%
- Advanced Intermediate (or above) = 100%
- Intermediate = 90%
- Advanced Beginner = 80%
- Beginner = 60% (failing)



### **Coursework Completed Prior to Clinical 2**

#### Anatomy & Physiology for PTA

 Emphasis on names and locations of bones/bony prominences, muscles, body systems (especially circulatory, nervous)

#### Introduction to the Profession of PT

 Role of PTA, Ethics, Communication, Cultural Diversity, Psychosocial Factors, PT Diagnoses/Goals/Treatment Approach by Setting, Medical Terminology & Abbreviations, Documentation

#### • Basic Patient Care

- Vital Signs, Managing Lines & Tubes, Transfers, Guarding Gait, Assistive Devices
- Emphasis on patient safety, positioning and handling

#### <u>Functional Anatomy</u>

Goniometry, Manual Muscle Testing, Palpation

#### Pathophysiology

Emphasis on PT-related diagnoses, precautions, and pharmacology

#### Therapeutic Exercise

 Therapeutic exercise techniques for stretching, strengthening, balance, and coordination

#### Biophysical Agents

 Thermal Agents, Massage, Traction, Compression, Ultrasound, Electrical Stimulation

#### Rehabilitation Techniques

Amputation (residual limb wrapping), Orthopedic (post-surgery protocols),
Neurologic (transfers, gait, handling)

#### Clinical I

 3-week full-time primarily observation experience, emphasis on professionalism, responsibility, and communication