

## Clinical 3 : 40 hours/w for 7 consecutive weeks

Expect the student to **KNOW** (content was covered in [coursework that the student has already completed](#))

- ✓ scope of PTA practice
- ✓ values & ethics
- ✓ laws and regulations (HIPAA, patient rights, ADA, etc.)
- ✓ cultural competence
- ✓ psychosocial factors (loss, grief, anxiety, denial, etc.);
- ✓ anatomy
- ✓ detailed exposure to common pathologies & treatment approaches/techniques for various areas of PT practice (musculoskeletal, neurological, geriatric, wound care, pediatrics, cardiac rehab, chest PT)

Expect the student to **BE ABLE TO DO** (they have demonstrated competence in class)

- ✓ clinical reasoning and problem-solving to set up and perform treatments
- ✓ examination procedures (MMT, ROM, tone)
- ✓ transfers : safely transfer dependent patients
- ✓ gait : safely guard patients during ambulation/mobility activities
- ✓ joint ROM techniques (exercise, stretching, etc.)
- ✓ exercise techniques (equipment, resistance, etc.)
- ✓ manual techniques (massage/soft tissue mobilization)
- ✓ modalities (heat, cold, e-stim, etc.)
- ✓ wound care techniques (EXCLUDING sharps debridement)
- ✓ SOAP note documentation

**Do NOT Expect Student to Know**

- \* specialized equipment

**Do NOT Expect Student to Do (these are outside scope of PTA practice)**

- \* joint manipulations (joint mobilizations are OK if trained by supervising PT)
- \* initial evaluation
- \* sharps debridement

### Objectives of Clinical 3

Demonstrate consistent proficiency (score at “Entry” level for all skills of PTA CPI assessment) in...

1. **Ethical Practice** : Adhere to ethical and professional practice standards
2. **Legal Practice** : Adhere to legal practice standards
3. **Professional Growth** : Uses self-assessment and feedback from others to improve clinical performance
4. **Communication** : Communicate effectively with others
5. **Inclusivity** : Adapt delivery of PT services with consideration of patients' differences, values, preferences, and needs
6. **Clinical Reasoning** : Verbalize valid and concise arguments/rationales for all clinical decisions.
7. - 9. **Interventions** : Implement a plan of care consistent with the examination and evaluation, to include available therapeutic exercises, therapeutic techniques, modalities, functional training, equipment.
10. **Documentation** : Produce accurate documentation that includes all relevant data.
11. **Resource Management** : Perform appropriate procedures in a cost effective and timely manner

### Clinical 3 Grading

70% of the student's final grade for the clinical will come from the CI's Final CPI assessment. This assessment will be converted into a grade as follows:

- With Distinction = 105%
- Entry Level = 100%
- Advanced Intermediate = 80%
- **Intermediate = 60% (failing)**
- **Advanced Beginner (or below) = 0%**

## Coursework Completed Prior to Clinical 3

- Anatomy & Physiology for PTA
  - Emphasis on names and locations of bones/bony prominences, muscles, body systems (especially circulatory, nervous)
- Introduction to the Profession of PT
  - Role of PTA, Ethics, Communication, Cultural Diversity, Psychosocial Factors, PT Diagnoses/Goals/Treatment Approach by Setting, Medical Terminology & Abbreviations, Documentation
- Basic Patient Care
  - Vital Signs, Managing Lines & Tubes, Transfers, Guarding Gait, Assistive Devices
  - Emphasis on patient safety, positioning and handling
- Functional Anatomy
  - Goniometry, Manual Muscle Testing, Palpation
- Pathophysiology
  - Emphasis on PT-related diagnoses, precautions, and pharmacology
- Therapeutic Exercise
  - Therapeutic exercise techniques for stretching, strengthening, balance, and coordination
- Biophysical Agents
  - Thermal Agents, Massage, Traction, Compression, Ultrasound, Electrical Stimulation
- Rehabilitation Techniques
  - Amputation (residual limb wrapping), Orthopedic (post-surgery protocols), Neurologic (transfers, gait, handling)
- Clinical 1
  - 3-week full-time primarily observation experience, emphasis on professionalism, responsibility, and communication
- Clinical 2
  - 7-week full-time inpatient or outpatient experience, emphasis on independent skills