

South Plains College
Common Course Syllabus: PSYC 2314 -Lifespan Growth and Development
Spring 2023

Department: Behavioral Sciences

Discipline: Psychology

Course Number: PSYC 2314

Course Title: **Lifespan Growth and Development**

Available Formats: Campus Lecture, Online, Online Lecture

Campuses: Levelland, Reese, Plainview, Lubbock Center, Online, and Online DualCredit

Course Description: Life-Span Growth and Development is a study of social, emotional, cognitive and physical factors and influences of a developing human from conception to death.

Prerequisite: TSI reading compliance for Online

Credit: 3 **Lecture:** 3 **Lab:** 0

Textbook: *Lifespan Development: A Psychological Perspective*, Lally, M. & Valentine-French, S. (2017).

This textbook can be accessed for free at the following web address:

<http://dept.clcillinois.edu/psy/LifespanDevelopment.pdf>

This course partially satisfies a Core Curriculum Requirement: Social and Behavioral Science Foundational Component Area (080)

Core Curriculum Objectives addressed:

- **Communications skills**—to include effective written, oral and visual communication
- **Critical thinking skills**—to include creative thinking, innovation, inquiry, and analysis, evaluation and synthesis of information
- **Empirical and quantitative competency skills**—to manipulate and analyze numerical data or observable facts resulting in informed conclusions
- **Social Responsibility**—to include the demonstrated knowledge and competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities

Student Learning Outcomes: Students who have successfully completed this course are expected to be able to:

1. Describe the stages of the developing person at different periods of the life span from birth to death.
2. Discuss the social, political, economic, and cultural forces that affect the development process of the individual.
3. Identify factors of responsible personal behavior with regard to issues such as sexual activity, substance abuse, marriage and parenting.
4. Explain the biosocial, cognitive and psychological influences throughout the lifespan as an ongoing set of processes, involving both continuity and change.
5. Describe the different developmental perspectives of the major theories of development (i.e. cognitive, learning, humanistic and psychodynamic).

6. Identify examples of some of the cultural and ethnic differences that influence development throughout the lifespan.
7. Discuss the various causes or reasons for disturbances in the developmental process.

Student Learning Outcomes Assessment: Marcie Miller is the faculty member who is responsible for the assessment of the student learning outcomes. She will be sending a list of which SLOs will be assessed for each semester. There are 7 outcomes and these are rotated. Mrs. Miller is also the person responsible for entry of the data into Task Stream for documentation.

Course Evaluation: See the instructor's course information sheet for specific items used in evaluating student performance. However, all courses will have multiple exams and written work that is designated by the instructor of record.

Attendance/Engagement Policy:

Students are expected to engage in class each week in order to be successful in a course. "Engagement" includes learning activities such as attending class, submitting weekly assignments, completing make-up work, etc. Due to South Plains College attendance policies, any student who fails to engage in three consecutive weeks during the semester or fails to attempt a minimum of two major grades may be asked to withdraw or "drop" from the course.

Students who enroll in a course but have "Never Attended" by the official census date, as reported by the faculty member, may also be asked to drop the course. Instructors are responsible for clearly stating their administrative drop policy in the course syllabus, and it is the student's responsibility to be aware of that policy.

It is the student's responsibility to verify administrative drops for excessive absences through MySPC using his or her student online account. If it is determined that a student is awarded financial aid for a class or classes in which the student never attended or participated, the financial aid award will be adjusted in accordance with the classes in which the student did attend/participate and the student will owe any balance resulting from the adjustment. See instructor's Course Information Sheet for additions to the attendance policy.

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Plagiarism and Cheating: Students are expected to do their own work on all projects, quizzes, assignments, examinations, and papers. Failure to comply with this policy will result in an F for the assignment and can result in an F for the course if circumstances warrant.

Plagiarism violations include, but are not limited to, the following:

1. Turning in a paper that has been purchased, borrowed, or downloaded from another student, an online term paper site, or a mail order term paper mill;
2. Cutting and pasting together information from books, articles, other papers, or online sites without providing proper documentation;
3. Using direct quotations (three or more words) from a source without showing them to be direct quotations and citing them; or
4. Missing in-text citations.

Cheating violations include, but are not limited to, the following:

1. Obtaining an examination by stealing or collusion;

2. Discovering the content of an examination before it is given;
3. Using an unauthorized source of information (notes, textbook, text messaging, internet, apps) during an examination, quiz, or homework assignment;
4. Entering an office or building to obtain unfair advantage;
5. Taking an examination for another;
6. Altering grade records;
7. Copying another's work during an examination or on a homework assignment;
8. Rewriting another student's work in Peer Editing so that the writing is no longer the original student's;
9. Taking pictures of a test, test answers, or someone else's paper.

Student Code of Conduct Policy: Any successful learning experience requires mutual respect on the part of the student and the instructor. Neither instructor nor student should be subject to others' behavior that is rude, disruptive, intimidating, aggressive, or demeaning. Student conduct that disrupts the learning process or is deemed disrespectful or threatening shall not be tolerated and may lead to disciplinary action and/or removal from class.

South Plains College policies concerning diversity, disabilities, non-discrimination, Title IX Pregnancy Accommodations, and Campus Concealed Carry Statements can be found here: [Syllabus Statements \(southplainscollege.edu\)](http://southplainscollege.edu).

Note: The instructor reserves the right to modify the course syllabus and policies, as well as notify students of any changes, at any point during the semester

Instructor's Course Information: Dr. Diane Wittie

Course Information: PSYC 2314 – 155 – **Lifespan Growth & Development, Spring 2023**

Course Website: Blackboard (southplainscollege.blackboard.com)

Email Address: dwittie@southplainscollege.edu

Blackboard: This is an **ONLINE** course and will be conducted completely in Blackboard. All assignments, exams, etc. will be submitted in Blackboard.

LIVE ZOOM Office Hours: Mondays, 1 – 4 PM, or by appointment

Join Zoom Meeting:

<https://us04web.zoom.us/j/75490842360?pwd=w-DQT0IsHPfwZy9T1o11CWg1XwUBSu.1>

Meeting ID: 754 9084 2360 Passcode: UKb3qW

Instructor Office Phone: 806-716-2468 (This number calls directly to my office in Levelland however it is better to contact me by my email. If you do leave a voice message, make sure to state your FULL name and the name of the **course/section** you are in.)

Textbook: *Lifespan Development: A Psychological Perspective* by M. Lally and S. Valentine-French. This is an OER (open resources) textbook that is available on Blackboard at no cost to the student.

Instructor's Course Policies:

General Expectations/Policies for Students: *I would like to welcome each of you to an environment of community, pride, courtesy, and utmost respect; we are all here to work cooperatively and to learn together. I am honored to have you in my class this semester and want to thank you in advance for the time and hard work that you will put into this learning experience.*

*One of the keys to being successful in college is to **communicate with your instructor**. Feel free to email me if I can help you be successful in this course. I wish you luck this semester and hope that the grade you achieve will reflect the effort you put into it. Please make every attempt to keep up with all assignments. This includes keeping up with the fast-pace of this course by completing all assignments, exams and papers/projects on time.*

I urge you to stay caught up on readings, assignments, and exams so you do not fall behind.

Attendance & Administrative Drop Policy: Attendance will be taken during each class meeting. Students will be responsible for material presented and discussed in class. Due to South Plains College attendance policies, any student who fails to attend 5 classes during the semester or fails to attempt a minimum of two major grades may be asked to withdraw or “drop” from the course. Essentially, to be counted present means that you need to be **mentally and physically present** in the classroom (or in the online environment).

Due to Financial Aid and South Plains College requirements for participation/attendance, a student who fails to turn in 5 assignments during the semester may be dropped with a grade of "X" from the course. Assignments in this context refer to the chapter assignments as well as application assignments, exams, essays, projects, and discussions.

Class Withdrawal: It is the full responsibility of the **student** to personally withdraw from the course if needed. A student who has already missed or has had difficulty completing modules, assignments, papers/projects, exams, and/or anticipates difficulty in completing the course to his/her satisfaction is encouraged to give withdrawal all the consideration it is due. Students should discuss progress and grades with the instructor prior to making a withdrawal decision.

Technology Policy: Blackboard (<http://southplainscollege.blackboard.com>) is the learning management system used to take exams and submit assignments.

It is essential that you have **reliable access to the Internet**, appropriate devices/software, and a working knowledge of Blackboard. You should always **have a backup plan** in place should you encounter computer or internet problems. There are open computer labs available to all enrolled SPC students on all campuses. It is also the student's responsibility to have the required computer skills to complete this course. Should you encounter technical difficulties contact your instructor immediately as well as **SPC technical support at blackboard@southplainscollege.edu** or call (806) 894-9611, ext. 2180. Be sure to include your full name, course number, section number and a number where you can be reached when contacting technical support. Not knowing how something works or having personal computer or Internet difficulties will not suffice as an excuse for missed deadlines and will not constitute extensions or do-overs.

Communication: You are expected to frequently (daily is a good rule of thumb) check your SPC email and Blackboard for new announcements and/or communication. Your instructor will check SPC email each business day and will respond to communication within 1 business day.

Student Conduct: In conjunction with the policy stated in the Common Course Syllabus, one must uphold proper and respectful communication with the instructor and fellow classmates at all times. All interactions will remain civil. Repeated violations of this policy may result in the student being dropped from the course.

Written Work: All written work should be presented using the conventions of Standard Written English. South Plains College requires all students to become proficient in "academic English," a form of English that is typically used in academic, professional, and business contexts. While slang, regional idioms, and informal kinds of self-expression are appropriate in some contexts, they are out of place in academic writing. This will relate to all written work done in the course including discussions and assignments.

Late work: **Late work is not accepted for full credit in this course.** However, the instructor reserves the right to consider the submission of late work on a case-by-case basis. Reading quizzes and Assignments may be submitted late for a maximum of half credit. You will need approval from your instructor and may need to provide documentation. Late assignments constitute those which have been initially submitted incorrectly, in a format other than Microsoft Word, or are submitted at any time after the deadline on the date it is scheduled. After contacting the instructor, *upon approval*, a new due date will be given for either the original assignment or an alternative assignment of equal value. If the student fails to meet the revised due date, then a zero (0) for the assignment will be given.

Extra Credit Activities: There will be **one** extra credit assignment (worth 5 points) available in Blackboard.

Academic Integrity: In addition to the Plagiarism and Cheating policy in the Common Course Syllabus, it should be understood that students found guilty of cheating or plagiarism will earn a zero on the work in question for the first offense and will be dropped from the course with an ‘F’ should a second offense occur. Any amount of dishonesty is subject to these consequences, whether a lot or a little; this can include but is not limited to one copied sentence in an essay, a missing or incorrect citation, an entire paper copied from someone/somewhere else, one plagiarized idea or post on a discussion board, one copied exam item or an exam, other coursework completed by someone other than yourself, or dishonestly using Internet searches and sites to complete your work. You have also committed academic dishonesty when sharing course content, assignments, items, or answers. This includes sharing course content with classmates or future students as well as sharing or posting course content on websites such as Quizlet, Course Hero, or similar “study applications.” The information and assignments in this course are proprietary and are not yours to share. For further information and examples please see the Catalog, Student Guide, or refer to www.plagiarism.org

Artificial Intelligence (AI) Resources: There are now websites that will generate semi-unique material that somewhat resembles original material. Since the technology is available to create this content, technology is also available to detect this content. Such content is considered to be plagiarism and will receive a grade of zero. Incidents of this nature will be reported to the Dean of Students for disciplinary action.

Grading Policy & Method of Evaluation: All grades and feedback on coursework will be delivered in Blackboard. You will find these posted in the My Grades area of our Blackboard course.

It is possible to earn up to **660** points in this course. Your grade will be determined by a cumulative point total based on the following grades:

	Amount to be completed	Total Points Possible	Points earned by you this semester
Syllabus Quiz and Introductory Video	1 @ 5 points	10	
Activities (i.e. Discussions, Reflections, etc.) Most will occur F2F but some might be submitted on Blackboard	10 @ 10 points each	100	
Writing Assignment	1 at 100 points each	100	
Adult Development Analysis	1 @ 100 points each	100	
Exams (non-cumulative); If a student misses an exam, they are allowed to take a <i>cumulative final exam</i> in place of the one they missed.) All exams are administered F2F in the classroom.	3 @ 100 points each	300	
Reading Quizzes	10 @ 5 points each	50	

Total	26 total	660	
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At the end of the session, all points earned by you this session will be added up. Your Point Total will determine your final letter grade by using the following scale/point ranges:

A = 594 – 660 points
B = 528 – 593 points
C = 462 – 527 points
D = 396 – 461 points
F = 0 – 395 points

Syllabus Quiz and Introductory Video (10 points): To familiarize yourself with the course website and check your understanding of important clauses in the syllabus, compete the brief **Syllabus Quiz**. Additionally, to allow me to get to know each of you better, attach a brief **Introductory Video** (see specific instructions in Blackboard). You will find the **Syllabus Quiz** and link for uploading your **Introductory Video** in the **Week 1 Learning Module** in Blackboard. Both the quiz and video are due before **midnight this Sunday, January 22**.

Activities (100 points): There will be 10 Activities (Discussions, Reflections, etc.) throughout the semester. Make sure you will be well prepared for these activities by reading the assigned course readings and viewing the supplemental material/resources to ensure your success on these activities.

Writing Assignment (100 points): Students will complete a written assignment on a specific topic pertaining to course content. The assignment should be double-spaced with 12-point font and use 1-inch margins. The content of the assignment should be an in-depth explanation (in one's own words) of the assigned topic. Including personal experience with the topic is *optional*, but it must be relevant to the topic if it is included and it should **not** be the main focus of the composition. Assignments must be typed and correctly submitted through Blackboard. Your composition should follow the guidelines of standard written English, and should follow basic essay format including an introduction, logical paragraph flow, and a conclusion. Papers cannot be submitted through email. See Course Calendar for all specific deadlines. More specific instruction will be given in class during the semester.

Adult Development Analysis (100 points) Students will analyze a modern film (chosen by the instructor) that features adults at different life stages (emerging adulthood, young adulthood, middle adulthood, and late adulthood). This analysis involves viewing the film and completing a Blackboard assignment and quiz related to the analysis. More details on this assignment will be provided on Blackboard.

Exams (300 points): There will be 3 non-cumulative exams during the semester covering material presented in the textbook and in Blackboard. Exams will include 50 multiple-choice, true-false, and short answer/essay questions. See the course schedule on the following page for dates and times for the online exams. A 70-minute timer is set in Blackboard for you to complete the exams. Once you begin an exam, you will NOT be able to exit out of it. Make sure you are prepared and ready to complete the exam in one sitting. You are allowed to use your textbook and class notes to complete the exams.

Special Requirements: If you miss an exam, you cannot make it up, but there will be an optional *cumulative final exam* available which can be used to replace either your lowest score or an exam you missed. If you miss more than two exams, you will be asked to drop the class.

Course Calendar: PSYC-2314-154 (ONLINE) – Lifespan Growth & Development

The instructor reserves the right to change the course outline as needed and will inform students of any changes.

DATE	TASKS/ASSIGNMENTS/READINGS/EXAMS, etc.	DUE DATES
Wk. 1 Jan 17-22	Read Syllabus & take the Syllabus Quiz Upload Introductory Video	DUE by midnight Sun Jan 22 DUE by midnight Sun Jan 22
Wk. 2 Jan 23-29	Read Ch 1 Intro to Lifespan Development View Video Lecture & Supplemental Material Take Ch 1 Quiz Complete Activity 1	DUE by midnight Sun Jan 29 DUE by midnight Sun Jan 29
Wk. 3 Jan 30- Feb 5	View Life's Greatest Miracle (video) Read Ch 2 Heredity, Prenatal Development, and Birth Watch Video Lecture & view Supplemental Material Take Ch 2 Quiz 2 Complete Activity 2	DUE by midnight Sun Feb 5 DUE by midnight Sun Feb 5
Wk. 4 Feb 6-12	Read Ch 3 "Infancy and Toddlerhood" Watch Video Lecture and Supplemental Material Take Quiz 3 Complete Activity 3	DUE by midnight Sun Feb 12 DUE by midnight Sun Feb 12
Wk. 5 Feb 13-19	View Supplemental Materials Complete Activity 4 Take Exam 1	DUE by midnight Sun Feb 19 DUE by midnight Sun Feb 19
Wk. 6 Feb 20-26	Read Ch 4 Early Childhood Watch Video Lecture & view Supplemental Material Take Ch 4 Quiz 4 Complete Activity 5	DUE by midnight Sun Feb 26
Wk. 7 Feb 27-Mar 5	View Constructive Guidance & Discipline Video Lecture View Resilience: The Biology of Stress & the Science of Hope (video) Complete Activity 6	DUE by midnight Sun Mar 5
Wk. 8 Mar 6-12	Read Ch 5 Middle and Late Childhood Watch Video Lecture & view Supplemental Material Take Quiz 5 Complete Activity 7	DUE by midnight Sun Mar 12 DUE by midnight Sun Mar 12
<i>Wk. 9</i> <i>March 13 - 19</i>	<i>SPRING BREAK</i>	
Wk. 10 Mar 20-26	Read Chapter 6 Adolescence Watch Video Lecture & view Supplemental Material Take Quiz 6 Submit Writing Assignment on Blackboard	DUE by midnight Sun Mar 19 DUE by midnight Sun Mar 19 DUE by midnight Sun Mar 19
Wk.11 Mar 27-Apr 2	Read Ch 7 Emerging and Early Adulthood Watch Video Lecture & view Supplemental Material Take Quiz 7 View Happy (video)	DUE by midnight Sun Mar 26
Wk. 12 Apr 3-9 <i>Apr. 7 – SPC Holiday</i>	Take Exam 2 View Supplemental Material Complete Activity 8	DUE by midnight Sun Apr 1 DUE by midnight Sun Apr 1
Wk. 13 Apr 10-16	Read Ch 8 Middle Adulthood Watch Video Lecture & view Supplemental Material Take Quiz 8 Complete Activity 9	DUE by midnight Sun Apr 9
Wk. 14 Apr 17-23	View Alive Inside: A Story of Music and Memory (video) Read Ch 9 Late Adulthood Watch Video Lecture & view Supplemental Material Take Quiz 9	DUE by midnight Sun Apr 16
Wk. 15 Apr 24-30	View Adult Analysis (video) Submit Adult Analysis Project on Blackboard Complete Activity 10	DUE by midnight Sun Apr 23
Wk. 16 May 1-7	Read Ch 10 Death and Dying Watch Video Lecture & view Supplemental Material Take Quiz 10	DUE by midnight Sun Apr 30
Wk. 17 May 9	Exam 3 ("Final Exam")	Due by midnight Tues May 10

Note: You are strongly encouraged to develop a system for keeping up with these deadlines. This might include printing out this document and hanging in your home. Other options include writing deadlines in your own planner or calendar, adding reminders in your phone or on other devices, or adding reminders/deadlines to the Blackboard calendar on your own. To prepare for each week, it is in your best interest to read the assigned chapters on your own. Take detailed notes on these chapters and use any other materials provided. Even on days when nothing is due, you should be reading, studying, viewing supplemental materials, reviewing, or rereading!